

<u>Weekly Swim @ Preese Hall Farm</u> Session Time Mon 10:30-11:30 PR4 3HT

How to get there: By Car

We are delighted to share our new venue with you, located at Preese Hall Farm, Weeton, PR4 3HT (works better) what3words https://w3w.co/relies.workshop.cobble, if approaching from Lytham it's the first left turn before turning into the Army Camp, from Wyre direction it's the first right after the main gate for the barracks it is signposted on the fence.

This is a private facility, secure gates, put the code in, drive up to the next sign turn left. Parking will be on the courtyard or to the left. Ask that everyone arrives 9.40-9.55 or 10.40-10.55 or 17:40-17:55.

By Bus:

76 Blackpool - St. Annes bus stops outside the camp, opp Halton Street at 09:21.

75 Fleetwood - opposite Kirkham road at 09:50.

75 Preston - Fleetwood - opposite Kirkham road at 09:23.

https://bustimes.org/map#16/53.805238/-2.934631

Quite a walk still from this stop, so care needed.

The Approach:





This is the turn from the main road. The code for the key pad is **7946** You will need to enter the code on exit also.



About 500m from the gate you will see this sign board turn left here, drive to the end turn right and park in the courtyard.

Changing:

You can change at your vehicle, or you can take belongings to water to change afterwards or change in the toilets, the gun room will be open you can change in there also, please bring your own hot drinks. Tow floats will be available if required as well as supervision & bank safety provision during your swim.

The Lake:

Is beautiful and set in rural Fylde location. It is only chest depth for the most part.

Looking at the picture to the left gets very shallow if you swim too close to the bank, the far right is slightly deeper. The owners have water tested the lake, it is safe to swim in, the floor is peaty, they have the occasional guest fishermen but there will be no whilst we are swimming, we will have sole use. Please be mindful that this is still a working farm an we ask that you don't bring dogs on site, we thank you for your understanding.



After the swim:

There will be a log burner (Winter only) to greet you in the gun room next to the toilets.

Many of the swimmers on a Monday have started visiting 'Woody's Café' at the - Koi Pool Water Gardens, 35 Mains Ln, Little Singleton, Poulton-le-Fylde FY6 7LJ. So this is an option if your wanting food and a chat afterwards.