



Weekly Swimming at Wyresdale

Swimming at here is such a lovely experience given its beautiful location. This is a privately owned lake swimming is only permitted during sessions organised by me, Annie.

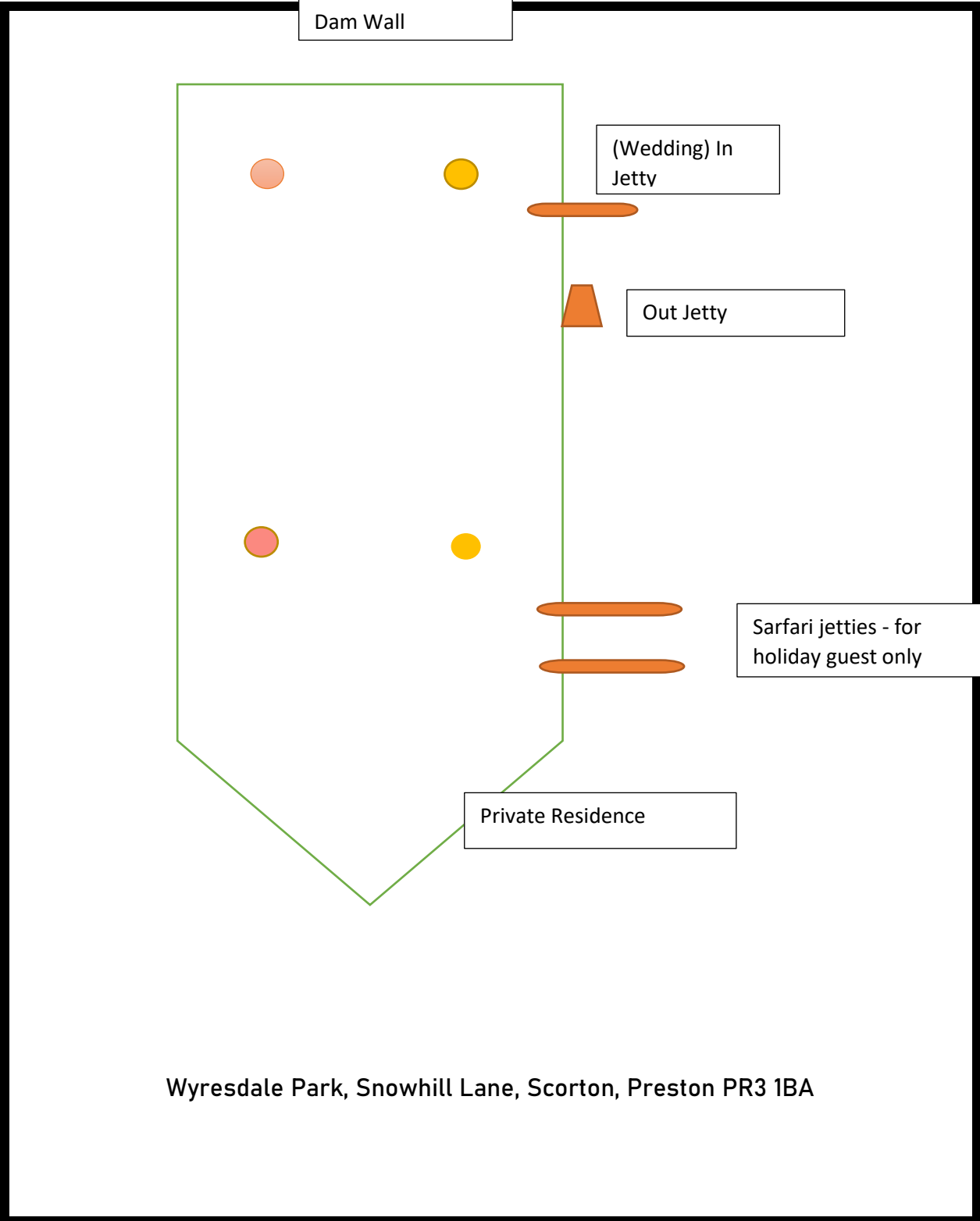
Please arrive with your swim wear on as there are no changing facilities, so treat it as you would a wild swim. We are asking swimmers to change at their vehicles and not bring clothing and bags to the jetty. Unless you are not in a vehicle, then please feel free to change at the in jetty. Wetsuits are optional, you may also require neoprene gloves and socks, particularly when temperature drops below 10°C, If swimming skins (costume only) tow floats are compulsory.

Toilet facilities are available at the back of the Cafe.

We operate a one-way system in at the boat house / wedding jetty and out at the new jetty, but don't worry, the staff members and swim community will keep you right. Tow floats are available to borrow on checking in. Please ensure after your swim you also check out. The swim costs £5.50 for the hour session, and this covers water lab testing and staff.

We also have a face book group page called Wyresdale swims <https://www.facebook.com/groups/attitudeswimcoaching> where we post notices and photo's. During the Spring & Summer months it will be possible for you to undertake Mile swim, which is usually 4 circuits, speak to a member of staff before, once your distance is confirmed you will receive your badge.

All sessions must be booked via the website
<https://www.attitudeswimcoaching.org/book-online>



Dam Wall

(Wedding) In Jetty

Out Jetty

Safari jetties - for holiday guest only

Private Residence

Wyresdale Park, Snowhill Lane, Scorton, Preston PR3 1BA